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**Did Rihanna
break the law
in Calgary?**

Photos snapped by RiRi at a local strip club draw concern from a civil liberties expert

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**Exxon Mobil's
crude cleanup**

Exxon Mobil says crews are working to contain a U.S. oil spill carrying Canadian crude following a pipeline rupture

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**THIS WRAP'S
RIGHT FOR
SPRING**

THE FRESH INGREDIENTS IN THIS ENERGIZING WRAP WORK WELL WITH THE SEASON

PAGE 15

**West LRT
could feature
'lion theme'**

Feline art. Aside from Centre Street Lions, the big cats could be made of other materials or painted, alderman says



JEREMY
NOLAÏS
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Proponents are roaring with pride over a proposal to save Calgary's famed Centre Street Lions and spruce up the new West LRT line all at once.

A report going to committee this Wednesday will ask that council approve incorporating the storied statues into the public art process for the city's newest light rail line.

The lions have been replaced along the bridge with replicas and three remain in storage after suffering damage from the elements that could cost up to \$1 million to repair.

But Ald. Richard Pootmans, a longtime booster of the West LRT, said funds dedicated for public art along the new line could bring the big cats back out under the sunshine.

"One of the thoughts we have — and as we remind ourselves we're not art experts at city council and we're sure as heck not curators either — is some ideas how the lions could be a theme.... I would like to see the entire line have a lion theme, but that's just an idea," Pootmans said.

Pootmans said the lions once provided a landmark for people entering a much

smaller version of Calgary's core via the Centre Street Bridge, and the West LRT now serves a similar function. He said the city intends to consult the public before making any decisions on the lions' resting ground.

Scott Jolliffe with the Calgary Heritage Authority said the lions are one of Calgary's "most recognizable symbols" and he sees merit in the plan to bring them out of hiding.

"They're really Calgary's first pieces of public art," he said. "At the time, Calgary was a growing city and they were very important at the time they were commissioned, and they still are."

The lions were first placed on the bridge in 1917 and sat there until the landmark was renovated in 1999.



A replica of the Centre Street Bridge Lions is seen Sunday. Three of the original four statues have remained in storage and it could take \$1 million to fully restore them. JEREMY NOLAÏS/METRO



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Did Rihanna breach Alberta privacy laws with stripper pics?

Fame. Images posted, then pulled down from pop star's Instagram



JEREMY NOLAÏS
jeremy.nolais@metronews.ca

Pictures apparently snapped by princess of pop Rihanna at a city strip club have set off a flurry of activity online — and drawn concern from a civil liberties expert in the process.

The images temporarily posted to Rihanna's Instagram account early Friday morning depict naked women performing on a stage with a pole in the middle. Numerous online blogs and entertainment websites instantly began to identify the location as being a Calgary strip club given that the musical sensation performed in the city late Saturday.

If the hype surrounding the images holds true, it's of great concern to Brian Seaman with the Alberta Civil Liberties Research Centre.

"We are talking about a club, a private club that you or I or anybody else including Rihanna — there's nothing special about her under the law — don't have a right to enter," he said. "We pay to

Social media

Photos of strippers on Rihanna's Instagram account (badgirlriri) were posted, then pulled down, but not before others had grabbed them. By Sunday afternoon, the images had been published on websites belonging to England's Daily Mail, MTV and famed celebrity blogger Perez Hilton.

enter this club and then we're subject to whatever rules are in place at this club. If there are signs up that prohibit the taking of photos or recording of images, then, yes, those dancers' privacy rights have been violated."

At least two websites identified Rihanna's stripper spot as Boudoir Rouge; however, a manager would neither confirm nor deny that Sunday afternoon.

"We have a great deal of celebrities that come through our bar and we tend to leave them alone and that's why they come," said the woman, who identified herself as Stephanie.

She did confirm that Boudoir Rouge has a strict no-recording policy in place. Seaman conceded even if Rihanna did break the law, it's unlikely any recourse would be sought.



Pop star Rihanna, seen here at Saturday night's Calgary Saddledome show, where she was two hours late to get on stage, is alleged to have taken photos of dancers at a city strip club and posted them to social media. The photos were later taken down, but some are questioning the privacy issues surrounding the reports. CANDICE WARD/FOR METRO

P3 funds for Foothills field house a long shot?



This image shows the intended site for a field house at Foothills Athletic Park. CITY OF CALGARY

City planners appear to be eyeing a public-private partnership to fund a northwest Calgary athletic field house that could cost more than \$200 million, but aldermen said Sunday they aren't so sure.

The proposed facility at Foothills Athletic Park would feature a FIFA regulation-size artificial turf field, a running track as well other activity

areas and seating for up to 10,000. The facility could cost \$202 million and would serve as a starting point for reimagining the entire park, according to a report going before a city committee this week.

But Ald. Shane Keating isn't so sure a public-private partnership model is a good idea. The federal government's P3 Canada Fund already spurned his

ward when it declined to pony up \$100 million for recreation facilities.

He also pointed out the city is already planning to seek P3 cash for a \$200-million storage facility for a new fleet of 400 natural gas buses.

"We should be saving the P3 for a very, very massive project," Keating said. "I think we have greater needs than a field

house at this time."

Ald. Brian Pincott pointed out the facilities turned down in 2011 are similar in nature to the field house.

"The federal government very clearly said to the City of Calgary that it wasn't going to fund recreation facilities, so I don't know how far we should go down that route," he said.

JEREMY NOLAÏS/METRO

Alleged animal cruelty

Man charged in puppy beating

Charges have been laid in an animal cruelty case, where a 12-week-old male Collie pup was severely injured.

According to Turner Valley RCMP, the pup was allegedly punched, kicked and thrown up to five feet,

suffering three broken legs and a broken jaw. Police said the dog survived the attack and was treated by a local vet. The dog underwent extensive surgery and was seized by the SPCA.

Police have charged William Daniel Goyette, 19, of Turner Valley with cruelty to an animal. He is to appear in Okotoks provincial court on April 12 at 9:30 a.m. **METRO**

In his memory

Public celebration of late Ralph Klein expected Friday

A longtime friend of former Alberta premier Ralph Klein says the family wanted his journey to end where it all started.

Rod Love said the family said no to a state funeral for

Klein who died peacefully in his sleep.

Love said Klein walked into Calgary city hall as a reporter when he was 26 and later became mayor so that's where his wife Colleen wanted his final goodbye to be held.

A celebration of Klein's life is expected to be held next Friday with one of the speakers being former Saskatchewan premier Roy Romanow.

Prime Minister Stephen Harper is also expected to attend.

Love said Klein never changed from the man he met in 1980 to the individual he was after he ascended to fame.

He said Klein will be remembered for many things but most of all for his larger than life personality and sense of humour.

THE CANADIAN PRESS

1 NEWS

U of C. Students fear fee hikes in wake of budget cuts

Student leaders at the University of Calgary are on the offensive amid fears that fees will rise to offset a provincial funding cut.

The students' union published a letter in the campus newspaper on Thursday arguing that a \$92.5-million operating surplus for the fiscal year ending March 31, 2012, should be used to help cover a \$110-million operating gap over the next four years reported by officials at a town hall last month.

"We believe that students are already paying their fair share," said student president Hardave Birk, who has long lamented a service fee that was introduced at \$150 a year per student in 2011, but will top out at \$450 this fall.

Birk said he is concerned about possible hikes to parking fees and targeted tuition increases.

Advanced Education Minister Thomas Lukaszuk said he's "open" to discussing how tuition is calculated, but won't back down from his stance against across-the-board hikes.

"I am up for any conversation on how we might do some-



U of C students worry they'll be on the hook for higher fees. METRO FILE

thing better, but that doesn't necessarily mean it's going to change," he said.

University president Dr. Elizabeth Cannon did say last month that any changes would be phased in and students should expect little difference at the school this fall.

But some students, like David Beninger, feel administrators should be doing more to push back against the cuts. He's hosting a "round-table" discussion this Wednesday from 2 to 4 p.m. at the university's Taylor Family Digital Library.

"The cuts are going to come from somewhere ... even if tuition doesn't increase, we will be paying the same amount of money for a lesser product," he said on Sunday.

JEREMY NOLAIS/METRO

Investigation. Husband charged in woman's death

A man is charged with first-degree murder in the death of his wife, who police believe died early on Friday.

Police allege that Gagan-deep Sidhu, 30, and his wife were travelling in a vehicle at about 7:20 a.m. when an argument broke out.

The wife, who has yet to be identified, tried to leave the vehicle while it was moving, but got caught in the

seatbelt and was dragged a "significant distance."

She then managed to get free and ran to seek help. But investigators allege Sidhu caught up to her and committed murder.

Police are asking for help from anyone who may be able to notify the victim's next of kin, whom they believe do not reside in Calgary.

METRO

Forest Lawn incident

Assault victim rushed to hospital

Paramedics rushed a man in serious condition to hospital early Sunday morning after an apparent assault in Forest Lawn.

EMS spokesperson Adam Loria said medics found the victim, believed to be in his 30s, suffering from facial wounds.

"He was communicating en route to hospital," Loria said, adding it's not believed the injuries were life-threatening. The circumstances surrounding the assault were unclear on Sunday afternoon. METRO

Road accident

Woman pulled from SUV after Deerfoot rollover

Fire crews managed to free a woman trapped in her SUV on Sunday morning after it rolled several times on Deerfoot Trail.

It's believed the woman, the only person in the northbound vehicle, was attempting to exit at Southland Drive at about 8 a.m., EMS spokesperson Adam Loria said.

It was not known what caused the vehicle to roll several times, he added.

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This ad and three others found by Metro on Kijiji offer a plate to operate a taxi in Calgary. But it's the asking price — in some cases more than \$100,000 — for a piece of city property that has riled some drivers. SCREEN GRAB

Calgary taxi plates can fetch more than \$100K

Legal grey area.

City says it will follow up on complaints about sales out of public scrutiny

Spinning plates

"How you can you sell city property? The price should be zero."

Rajiv Kapil of the Calgary Cab Drivers Association on the taxi-transfer market that sees taxi plates returned to the city for redistribution, leaving drivers without a way to recoup their investments



JEREMY NOLAIS
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Driving a cab catch your fancy? Be prepared to shell out tens of thousands of dollars.

Metro inquired through online ad sites about purchasing three Calgary taxi plates offered for sale in recent weeks and found that in two cases, the asking price was more than \$100,000.

"You would need \$100,000 for the licence and van and (also) pay another \$20,000 in car payments," said one seller, who declined to give his name.

But the legality of turning a profit on one of the 1,411

transferable taxi plates in the city is murky, given that it's the city that owns the rights to each.

A representative from municipal livery transport services conceded it's likely that the exchange of money occurs outside of the purview of regulators, before the formal transfer is legally processed.

"Strictly speaking, since plates are issued and owned by the City of Calgary, the plate itself cannot literally be sold or purchased," spokesperson Jodi Hughes said in an email.

The city was quick to note, however, that it has yet to receive a complaint about the taxi-transfer

market and some drivers have actually lamented the fact that 55 newly-released plates are non-transferable. In those cases, the plate is returned to the city for redistribution, preventing any opportunity for a driver to make a profit.

The transfers would typically occur on only 700 or so plates not owned by local brokerages.

But Rajiv Kapil of the Calgary Cab Drivers Association said there are many, including himself, who fear the steep price for a plate creates an unfair playing field.

Ald. Andre Chabot said the transfer market was created as a result of past city-council decisions and it

Cab conundrum

- Ald. Andre Chabot said it's likely all taxi plates introduced by the city from here on in will be non-transferable.

- Associated Cabs president Roger Richard says, as far as he's concerned, plate prices in Calgary aren't outlandish, adding he's heard reports of plates being sold for double the amount of Calgary's in places such as Regina and for as much as \$1 million in cities such as Vancouver.

would cost drivers dearly if exchanges were outlawed on already existing plates.

"These drivers have paid a price for that opportunity (to drive), and they would expect to recover that cost when they're done with it," he said.

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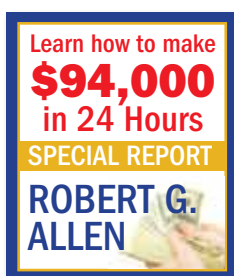
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Nukes not on bargaining table, says North Korea

Threats. Analysts say attack on U.S. is unlikely, but situation could escalate into localized skirmishes

A top North Korean decision-making body issued a pointed warning Sunday, saying that nuclear weapons are "the nation's life" and will not be traded even for "billions of dollars."

The comments came in a statement released after North Korean leader Kim Jong Un presided over the plenary meeting of the central committee of the ruling Workers' Party.

The meeting, which set a "new strategic line" calling for building both a stronger economy and nuclear arsenal, comes amid a series of near-daily threats from Pyongyang in recent weeks, including a



South Korean Army soldiers patrol near the village of Panmunjom in Paju, South Korea, Sunday. North Korea warned South Korea on Saturday the Korean Peninsula had entered "a state of war." AHN YOUNG-JOON/THE ASSOCIATED PRESS

vow to launch nuclear strikes on the U.S. and a warning Saturday that the Korean Peninsula was in a "state of war."

Pyongyang is angry over annual U.S.-South Korean military drills and a new round of UN sanctions that

followed its Feb. 12 nuclear test, the country's third.

Analysts see a full-scale North Korean attack as unlikely and say the threats are more likely efforts to provoke softer policies toward Pyongyang from a new gov-

Brinkmanship?

Justifying its nuke pursuit

North Korea has called the U.S. nuclear arsenal a threat to its existence since the 1950-53 Korean War. Pyongyang justifies its nuclear pursuit in large part on that perceived U.S. threat. While analysts call North Korea's threats largely brinkmanship, there is some fear that a localized skirmish might escalate. Seoul has vowed to respond should North Korea provoke its military.

ernment in Seoul, to win diplomatic talks with Washington that could get the North more aid, and to solidify the young North Korean leader's image and military credentials at home.

THE ASSOCIATED PRESS

Influx of Syrian refugees. Canada announces \$13M in aid for Jordan

Canada is giving the Middle Eastern country of Jordan an additional \$13 million to help deal with a crush of Syrian refugees.

Foreign Affairs Minister John Baird announced the aid after meeting with Jordanian officials, including the country's King Abdullah, on Sunday.

"Jordan has consistently demonstrated a leadership role in the pursuit of a just and lasting peace in the Middle East, and it continues to lead in the face of the on-

going crisis in Syria," Baird said in a statement.

Canada has already given Jordan \$11.5 million to help deal with more than 380,000 Syrian refugees who have arrived there in the last two years.

The United Nations estimates more than one million people have fled the ongoing violence in Syria, and millions more are internally displaced.

Baird says the new funds will help deal with the immediate humanitarian and security needs created by the influx. THE CANADIAN PRESS



In this image taken from video obtained by the Ugarit News, a fire rages at the Syrian government checkpoint in Dael, Syria, less than 15 kilometres from the Jordanian border, on March 28. UGARIT NEWS/THE ASSOCIATED PRESS

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Canuck warship busts heroin boat

500 kgs. HMCS Toronto part of naval task force patrolling Indian Ocean

HMCS Toronto seized some 500 kilograms of heroin from a boat in the Indian Ocean last

week, according to the Department of National Defence.

The drugs were found on Friday after a naval boarding party searched the vessel as part of a security operation.

HMCS Toronto's commanding officer said it is one of the largest heroin seizures in a maritime environment.

Cmdr. David Patchell said the bust doesn't just keep drugs off the street, but also hurts the finances of terrorist organizations.

HMCS Toronto is part of an international naval task force patrolling the Arabian Sea and Indian Ocean.

THE CANADIAN PRESS

Victim in mall shooting raided home as a minor

The victim in Toronto's latest homicide was involved in a violent home invasion in Windsor in 2005.

Michael Nguyen, 23, was shot and killed outside a Sears at Yorkdale Mall on Saturday, shortly after 8 p.m.

Police said Nguyen was known to them and released a photo of him on Sunday. Windsor lawyer Frank Miller recognized him as a former client, whom he represented in relation to a home invasion.

One of Nguyen's co-defendants was Qohleth Chong. A man by the same name was shot and killed in Toronto last November. As of press time, Metro could not confirm they are the same person.

In 2008, Nguyen pleaded guilty on several charges and received an adult sentence of five years. He served only about two-and-a-half years in custody because of a sentencing credit.

Miller said there was evidence Nguyen was part of a gang called the Asian Assassins.

"There was a couple ... living in an older, not-very-wealthy part of Windsor," Miller recalled. "They came to the door ... and there was a pizza delivery man there.... He said they



Near the crime scene. Inset: Michael Nguyen. RICHARD LAUTENS/TORSTAR NEWS SERVICE

hadn't ordered in and when he turned back there was a guy with a shotgun."

Three minors, including Nguyen, and one adult entered the home armed and bound the woman and the man who lived there with zip ties, Miller said.

"Before they found the woman and put her in zip ties, she called 911," he said.

The man had \$20,000 in the home in small bills, which he later said had come from gambling, Miller said.

Police arrested the four assailants, recovered four guns

they had hidden under a bed and found a fifth gun suspended by a piece of wire in a toilet tank.

Miller believes the man may have been targeted.

"It seemed odd that there were four assailants and five guns and it seemed odd to me that the gun would be suspended by a piece of wire under a toilet tank when the other guns were hidden under the bed," Miller said. "It seemed odd when you added the \$20,000 in cash."

JESSICA SMITH/METRO IN TORONTO

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Exxon Mobil pipeline spills Canadian crude

Mayflower, Ark.
Cleanup crews trying to prevent oil from reaching nearby lake

Exxon Mobil Corp. says crews are working to contain and clean up an oil spill near Mayflower, Ark., after its Pegasus pipeline ruptured Friday afternoon.

The pipeline carries Canadian heavy crude oil from Patoka, Ill. to refineries on the Texas Gulf coast.

Exxon Mobil issued a release that said the company was responding to a spill of more than 10,000 barrels, and that some 4,500 barrels of oil and water had been recovered.

The company said the 20-inch pipeline had been shut down as crews tried to prevent the spilled oil from reaching a nearby lake. It said cleanup operations were being co-ordinated with the Department of Emergency Management and other local authorities, and that the cause of the spill was being investigated.

Last week federal regula-

tors proposed that Exxon Mobil pay \$1.7 million US in civil penalties for safety violations linked to a pipeline rupture that spilled an estimated 238,000 litres of crude oil into Montana's scenic Yellowstone River in July 2011.

The spill fouled approximately 110 kilometres of the Yellowstone River's banks, killing fish and wildlife and prompting a massive, months-long cleanup.

The latest spill comes at time when proponents of the proposed Keystone XL pipeline have been trying to convince Washington to give the project the green light. Opponents of TransCanada Corp.'s plan to pipe Alberta oilsands bitumen to the U.S. Gulf Coast denounce it as an environmental catastrophe in the making.

THE CANADIAN PRESS

2011 spill

\$1.7M

Last week federal regulators proposed that Exxon Mobil pay \$1.7 million US in civil penalties for safety violations linked to a pipeline rupture that spilled crude oil into Montana's Yellowstone River in July 2011.



Google employees shoot pool in a break room at the Google campus in Mountain View, Calif. on March 15. Silicon Valley companies are planning a flurry of massive new perk-laden headquarters. JEFF CHIU/THE ASSOCIATED PRESS

Big Tech bets on big perks

Quoted

"We're seeing the mature technology companies trying to energize their work environments, getting rid of cube farms and investing in facilities to compete for talent. That's caused a huge transition in the way offices are laid out."

Kevin Schaeffer of architecture and design firm Gensler in San Jose, Calif.

Apple's planned ring-shaped, gleaming "Spaceship Headquarters" in Cupertino, Calif. will include a world-class auditorium and an orchard for engineers to wander.

Google's new campus will feature walkways angled to force accidental encounters. Facebook, while putting final touches on a Disney-inspired campus including a Main Street with a barbecue shack, sushi house and bike shop, is already planning an even larger, more exciting new campus.

More than ever before, Silicon Valley firms want their workers at work. Yahoo CEO Marissa Mayer has gone so far as to ban working from home, and many more offer prodigious incentives for coming

in to the office, such as free meals, massages and gyms.

This spring, as the tech industry is soaring out of the Great Recession, plans are in the works for a flurry of massive, perk-laden headquarters.

New Silicon Valley headquarters or expansions are under way at most of the area's major firms, including eBay, Intel, LinkedIn, Microsoft, Netflix, Nvidia and Oracle. Many

will be huge: Apple's 176-acre campus will be one of the world's largest workplaces.

On the outside, many of the new buildings boast striking architectural designs and will collectively be among the most environmentally friendly in the country. Inside, there are walls you can draw on, ping-pong tables, Lego stations, gaming arcades and free haircuts. THE ASSOCIATED PRESS

Publishing. Free press returns to Myanmar

For most people in Myanmar, it will be a novelty when privately run daily newspapers hit the streets on Monday. Many weren't even born when the late dictator Ne Win imposed a state monopoly on the daily press in the 1960s.

But for 81-year-old Khin Maung Lay, the rebirth of daily newspapers is like a second lease on life. He is chief editor of Golden Fresh Land, one of four dailies going on sale Monday as Myanmar takes another step in its march toward democracy.

He's old enough to recall there once had been a big and vibrant daily press in the Burmese, English, Indian and Chinese languages in the period of parliamentary democracy after Myanmar, known then as Burma, won independence from Britain in 1948.

While he acknowledges there are innumerable challenges ahead, he said he is ready to face them "in the name of freedom of press."

He's well acquainted with the concept — he went to jail three times under Ne Win, including a three-year stretch in "protective custody," a catch-all phrase the military regime used as a reason for imprisoning critics. THE ASSOCIATED PRESS

GOD'S PROMISE
Jesus is risen from the dead, just as He said would happen. Come, see where His body was lying.
(Matthew 28:6)
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New Mexico. Roadrunner makes its last calculation

It's the end of the line for Roadrunner, a first-of-its-kind collection of processors that once reigned as the world's fastest supercomputer.

The supercomputer, housed at one of the top U.S. nuclear weapons research laboratories in northern New Mexico, was decommissioned Sunday.

The reason? The world of supercomputing is evolving and Roadrunner has been replaced with something smaller, faster, more energy efficient and cheaper. Still, officials at Los Alamos National Laboratory say it's among the 25 fastest supercomputers in the world.

In 2008, Roadrunner was first to break the elusive petaflop barrier by processing just over a quadrillion mathematical calculations per second.

Los Alamos teamed up with IBM to build Roadrunner from commercially available parts. They ended up with 278 refrigerator-size racks filled with two different types of processors, all linked together by 89



An IBM engineer inspects Roadrunner, once the world's fastest supercomputer. IBM VIA FPS/THE ASSOCIATED PRESS

Quoted

"Roadrunner got everyone thinking in new ways about how to build and use a supercomputer."

Gary Grider, of the Los Alamos lab's high performance computing division

kilometres of fibre optic cable. It took nearly two dozen tractor trailer trucks to deliver the supercomputer from New York to the lab. THE ASSOCIATED PRESS

Tech rumours

Is 'Facebook phone' about to be unveiled?

Facebook has invited journalists to the unveiling of what it calls its "new home on Android." Next Thursday's event will take place at the company's Menlo Park, Calif., headquarters, but Facebook isn't providing further details.

There has been speculation about a "Facebook phone" for a few years. Facebook has long said it would not make its own phone. Rather, such a phone would likely integrate Facebook deeper into the phone's software.

The blog TechCrunch says Facebook will launch a modified version of Android that embeds Facebook deeply into the operating system, on a phone made by HTC Corp. A deeper integration would help Facebook with its mobile aspirations.

THE ASSOCIATED PRESS

HST rejection

B.C. returns to old sales tax

Monday marks British Columbia's official return to the provincial sales tax after an almost five-year crash-and-burn relationship with the harmonized sales tax.

Introduced in 2009 as a saviour for business, but rejected in a referendum in August 2011, the HST managed to cling to the province's political, social and business fabric until now, taking with it former premier Gordon Campbell and possibly the current government of Premier Christy Clark as victims.

Businesses are now grudgingly forced to return to the former seven per cent PST after taking the past two-and-a-half years getting used to the simplified, value-added HST, which combined the five-per cent federal goods and services tax with the PST.

THE CANADIAN PRESS



metronews.ca
Monday, April 1, 2013

VOICES

09

MEN, LET'S RALLY AGAINST RAPE

Rape and sexual assault have been dominating headlines around the world recently.

Between a flood of stories in the press about gang-rape attacks in India and the Steubenville, Ohio, rape-case verdict (along with commentary and counter-commentary), a sickening sense of discomfort is slowly coming to the forefront.

I find it mind-blowing to read so many of the comments in the media, both social and proper, disregarding rape cases in some form or another. "Oh, she was asking for it," bleat many. Or, "Well, what do you expect for passing out drunk around men?" others honk. "Maybe she should have been more careful" is a common refrain.

We've done pretty much everything we can to teach girls to avoid being raped short of issuing sidearms. But why isn't there frank conversation happening with boys on the same



High Plains Drifter
James Callsen
calgary@metronews.ca

topic? Let's start with ending the notion that rape and sexual assault are something funny to joke about. They're not. One has only to watch the leaked video of the Steubenville case to realize that. Can we talk to young men about what consent really means? The fact that such a concept is even up for debate boggles the mind. And while we're at it, can we hammer into their young, sponge-like minds what the definition of rape is? It's at the point where we can't just hint at this anymore — we have to tackle it head-on, with frank discussion.

Last week, on my blog, I posted an anti-rape video from a young man. Most of the follow-up comments on Facebook and Twitter were positive, but I was stung by how many men saw the man's actions as "sucking up" or trying to curry favour with women. I guess,

Warped sense of humour

Let's start with ending the notion that rape and sexual assault are something funny to joke about. They're not. One has only to watch the leaked video of the Steubenville case to realize that.

in their minds, a dude couldn't possibly want to prevent something horrible from happening just because it's, you know ... horrible.

As men, it's time for us to stand up for what is right and end the horrible attitudes that exist around rape and sexual assault. Let's stand up for women. For our friends, daughters, sisters, mothers, wives and girlfriends.

The only way we are going to end these attitudes is if we do it and shovel dirt on the grave.

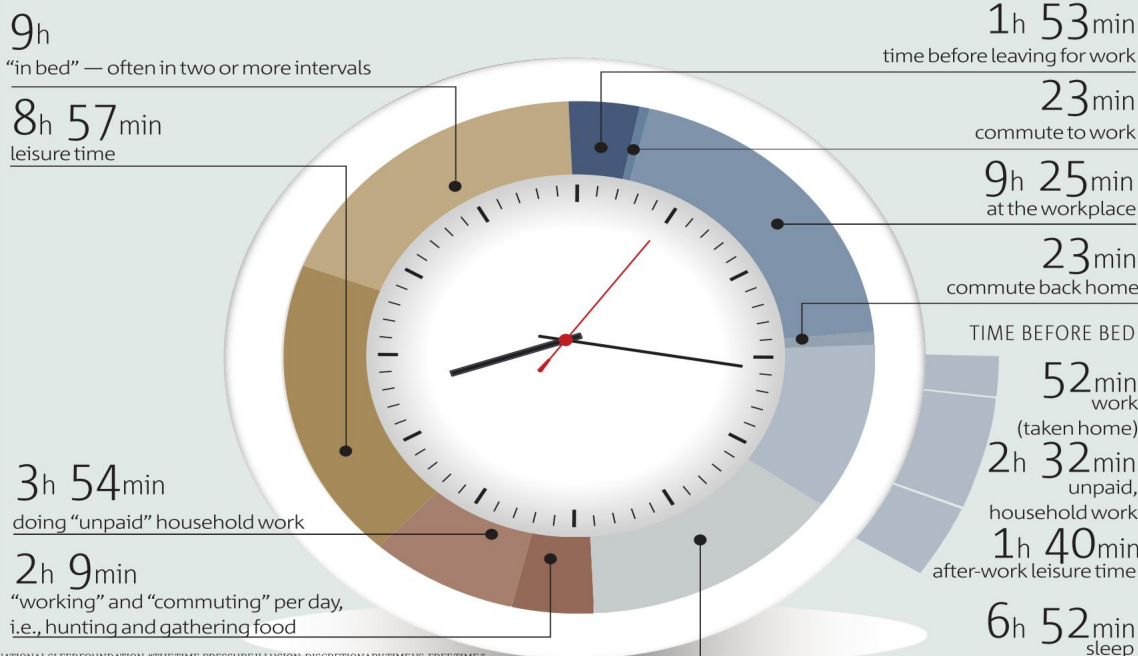
ZOOM

Where did all of our time go?

If you feel time-poor and complain that there's not enough hours in the day, you're not alone, and, most likely, it is not your fault. Better organization will not fix the time crunch. The eight-hour-day movement has failed miserably: the Industrial Revolution robbed us of normal sleep patterns, the Digital Revolution made us work at home. The average working-age person already has only one hour 40 minutes' leisure time per day, 5.37 times less than our hunter-gatherer ancestors.

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NATIONAL SLEEP FOUNDATION; "THE TIME-PRESSURE ILLUSION: DISCRETIONARY TIME VS. FREE TIME"; ROBERT E. GOODIN ET AL., 2005; "THE ORIGINAL AFFLUENT SOCIETY"; MARSHALL SAHLINS; BBC NEWS; OECD.

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

The golden age of radio dramas is long gone, but the genre lives with help from podcasters who use new technology to reinvigorate an old art form.

Subscribe to these three in the iTunes store for regular doses of beautifully produced theatre of the mind.

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Strong improvisation and on-location recording by a team of stage and radio veterans keeps this series of "movies for your ears" inventive and surprising. In *Good Hands*, the story of a secret world below an abandoned subway station, is genuinely chilling.

Chatterbox Audio Theater:

A nice mix of classics like *Oedipus*, re-

creations of famous radio dramas and original collaborations that explore everything from life in prison to our relationship with fear.

Welcome To Night Vale:

An oddly funny biweekly community update from the town of Night Vale, where regular small-town life unfolds before a surreal backdrop of supernatural events, dark hooded figures and disturbingly powerful municipal leaders.

Letters

RE: Sadistic, tyrannical, unstable ... psychiatrist reveals the dark side of tragic Ashley Smith, a teenager who killed herself in her jail cell, published March 26

I was absolutely disgusted by what Dr. Penn stated: only top-quality, sustained psychological care could have helped Ashley Smith's extreme problems. At that facility they no doubt use the standard way of treating patients.

Everyone assumes that psychiatrists are helpful, but in reality their goal is to make patients feel content and getting to the base problem. Instead, when people are down you must push them far into the zone of happiness, and show them that past feelings and thoughts have created every situation in their life. Every person on Earth has the opportunity to live a happy life. So why are we throwing people in jail cells and feeding them harmful drugs?
Dayna Vago, London, Ont.

WE WANT TO HEAR FROM YOU:

Send us your comments: calgaryletters@metronews.ca



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2 SCENE

12

SCENE

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Monday, April 1, 2013

Promo

A poster says 1,000 words

Being that *Mad Men* is a show about advertising, it's always been important that it have great advertising itself, and the promotional image for season six is no different — though it does break from the show's previous style in a very striking way. For the image, *Mad Men* turned to 75-year-old illustrator Brian Sanders, who created a lush, period-appropriate image with two Don Drapers and plenty of suggestive imagery. "I know people are looking for meaning and everything. There is a lot of meaning in it," series creator Matt Weiner concedes. "It came from a dream. I had this dream — and it was not Don, it was me, but a lot of stuff is like that." So what was that dream — and this season's promo poster — about exactly? Never a fan of divulging specifics, Weiner at least offers that the focus is on "the anxiety that is created by — in all of these characters — wondering why they are the way they are," he says.



The Internet can make a man go mad

Online angst.

Mad Men creator Matt Weiner's friends and family have banned him from reading negative criticism



NED EHRBAR
Metro World News in Hollywood

A word of caution to angry Internet commenters and recappers: *Mad Men* creator Matt Weiner knows what you're writing about his show. Or at least he used to until he was banned from visiting them by his wife and writing staff.

"This is a terrible job for someone as oversensitive as I am. When I was on *The Sopranos*, it didn't even exist," Weiner says.

"I try and stay away from it. What usually happens now is somebody — a friend — will send me something. And it's still this addiction."

To Weiner, it's pointless to fight the compulsion to seek out criticism.

"This is human nature," he says.

"There's two jars in the next room. One of them is filled with little fortune cookie fortunes, and the other one has two of them in it.

"(The big jar) is the good things about you, (the little jar) is the bad things about you that people have written. Go in there. You get to pick one piece of paper.



What's in store for Jon Hamm in the next season of *Mad Men*? HANDOUT

Sticks and stones

"The immediate response is, you know, hatred, anger, disgust, betrayal. And I kind of am like, I can't believe I let these strangers hurt me."

Mad Men creator Matt Weiner on getting upset over criticism of his show on the web

You pick the bad one. I will keep looking until I find something bad. I don't even

know how it works."

For an example, he offers an episode from last season,

Signal 30, that garnered some reactions he didn't appreciate.

"It was Vincent (Kart-heimer's) performance, you know, when he's in the elevator and says, 'We're supposed to be friends. I have nothing,'" Weiner remembers.

"That to me is like the saddest thing I ever wrote. I was very emotional about it, and when it aired people are like, 'A Pete story. I hate that.' So I just try and stay away from that stuff as much as possible."

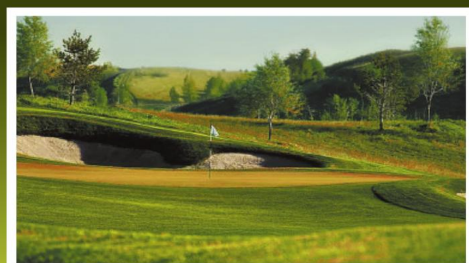
Hence the banning. And he's been good for the most part, but he did slip up a few times last season.

"I really was off it for a while, and then (the season five episode) the Suitcase happened and everyone was like, 'You've got to read this. You have to read what people said about this thing,'" he says.

"So I read it and I loved that episode, but the episode that was on the week after that was actually my favourite of the season, the Summer Man. It's a very emotional story for me. So of course I read (the reactions) the next week and it's, like, brutal.

"The immediate response is, you know, hatred, anger, disgust, betrayal. And I kind of am like, I can't believe I let these strangers hurt me."

With season six debuting, maybe it's time for Weiner's wife and staff to look into some parental controls for his web browser.



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Pop goes the week

Don't say hello to Eva Mendes' dog



STARGAZING
Malene Arpe
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Eva Mendes is upset that people know the name of her dog and finds it "creepy" that passersby say "Hey, Hugo" when she's walking her pet. Hugo, meanwhile, finds it really weird that Eva gets to see Ryan Gosling naked on a regular basis and yet dwells on creepy things that aren't creepy at all.

James Franco says he kinda understands why people hate Anne Hathaway while James's neighbour says James litters and is a never-ending nuisance. No truth to the rumour that the neighbour rented under the name Spanne Blathapay.

Matthew McConaughey says that his friend Lance Armstrong "told a lie, (but) he's not a liar". Matthew con-



Eva Mendes

tinues, "read more on this particular line of reasoning in my upcoming book I Make No Sense But That Doesn't Make Me A Not-Making-Sense Maker."

In collaboration with Coca-Cola and American Idol, Carly Rae Jepsen will allow people to vote on the lyrics for her next song. Three options will be presented for every line of the song and the voting is already heating up to decide whether "Here's my slumber, so wake me Katey," "Here's my plumber, so save my baby" or "Here's my cucumber so, like, make some salad or something" is the winner.

Kim Kardashian says that

she and her collaborator Kanye West want to name their baby "something that's unique". May we suggest Er Shun or Da Mao. Or perhaps simply Kanda.

A Vera Wang store in Hong Kong has started charging \$500 if you want to try on a wedding gown. Thus adding monetary pain to the realization that you still have some four months of paleo-dieting to go.

Manteresting is a new site for men who hate that Pinterest is the worst because of all the women and their women things and that it doesn't have enough pictures of things made from meat and rusty nails. If it's a success, watch for Manstagram, Manspace and Why Don't Men Have Anything In The World That They Control Book.

According to a Details poll, the celebrities who most often feature in people's naughty fantasies are Ryan Gosling and Mila Kunis. Better luck next year to the cast of Splash.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Amanda Seyfried ALL PHOTOS GETTY IMAGES

What's the worst insult a young actress can endure?

This might be it. Les Misérables star Amanda Seyfried was mistaken at LAX for her Mean Girls co-star Lindsay Lohan. "I just got mistaken for a Ms. Lohan at Newark Airport," Seyfried posted to Twitter. It's probably not a comparison Seyfried welcomes, consid-

ering her previous comments about Lohan: "Lindsay was great on Mean Girls. I think that was before she got a little nuts," Seyfried previously told Teen Vogue. "I kind of don't expect some of these girls, who've been working since they were two, to be sane."



Justin Bieber

Bieber's got nothing to declare except his monkey

Justin Bieber just can't catch a break. Heading into Germany for the next leg of his European tour, the pop star was hit with an unsettling surprise when his prized Capuchin monkey was seized by German customs officials after he tried to bring the animal into the country without permission, according to People magazine. "Justin Bieber brought his monkey to Germany but had no official paperwork for him," a customs spokesman says. "We were forced to confiscate the animal."

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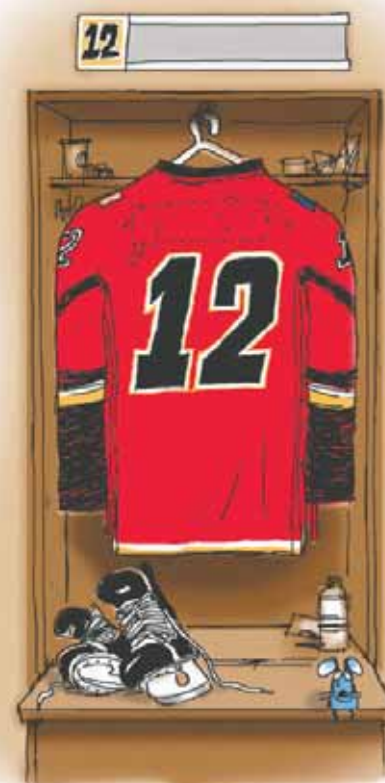
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Long waits

Start a story, kill some time

I came up with this little trick during one of my son's many visits to one of his specialists at Toronto's Hospital for Sick Children.

All you do is tell a story. One person starts the story

by telling the first line and it then moves to the next person who continues the story along by adding another line.

You continue until you feel the story is complete.

It helps kill time during those long waits.

NATALIE ROMERO OF YUMMYMUMMYCLUB.CA

Learning

App turns kids into artists

Skatoony: Skadoodle (99 cents on iTunes) is a great example of an app where learning and fun are at your fingertips. It's not about basic shapes for toddlers. We're talking trapez-

oids, verticals, horizontals, semicircles on the right, and spirals inside circles. Press the buzzer, and you have about 20 seconds to guess what image you've drawn. Hurry.

Guess correctly and you earn Skatoony Bucks.

RUTH SPIVAK OF YUMMYMUMMYCLUB.CA

Exclusively online

Mommy and Daddy desperately need a vacation and they're off to Florida. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



Feeling exhausted? Laugh it off

Handling sleep deprivation. Here are some tips for surviving the day after the kids have kept you up all night

ANDREA NAIR
YummyMummyClub.ca

As I drag myself off the floor where my three-year-old and five-year-old are happily playing, I am trying to summon motivation to help stop feeling sorry for my tired body that was kept up last night by a feverish child. Life has to go on today — no calling in sick here.

How many of you are nodding with me?

I am making this list to help myself today because I managed in the past to get through many sleepless nights, and the following sleepy days.

My goal is to make it through intact and not let my tiredness turn me into a jerk.

Whether you are at work or at home, use any of these caffeine-free tips that suit you to help through your sleepy day.

1) Create a safe zone for the kids and then curl up near them for a power nap.

When the kids were younger,

Quote

My goal today is to make it through intact and not let my tiredness turn me into a jerk.

I would barricade them in a small area and fall asleep on the floor beside them. Now I can sleep through a blaring TV or Lego dismantling.

2) Stop telling yourself you are tired.

Positive thinking will make a big difference. Put on your glass-half-full goggles. There have been many studies that demonstrate humans can do just fine on even four hours of sleep if they need to.

Remind yourself of this all day.

3) Don't sit around too much, and try to get outside.

I find I am more tired when I am sitting.

If I take the boys outside or to play somewhere else, I often forget how tired I am. But don't push yourself too hard for multiple days in a row.

A day or two here or there of pushing yourself onto your feet will be OK.

If this is a repeated pattern, you run the risk of harming your health.

4) Do something that will make you laugh because laughing releases the same tension as tears.

I do feel like crying — all day. So laughing is a much better option! My choices are usually: air guitar to my favourite songs, hanging with friends, watching a funny video.

5) Do some yoga and/or meditation.

Inversion poses are super for waking the body and mind.

If I start to feel fuzzy, I do a sun-salutation series or meditate for a couple minutes.

6) Drink water with lemon and eat real food.

Junk food is not only bad for you, it often makes you sleepy.

7) Have a shower, do your hair and wear nice clothes.

For some reason I feel better when I'm not in a pony tail and saggy-butt grey sweat pants.

I need to put my psychotherapist hat on and say that if sleepless nights are a chronic problem, seek professional help either through a trained child sleep expert (my go-to girl there is Alanna McGinn) or a trained counsellor.

YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD



Feeling down and out? Try our pick-me-ups. ISTOCK PHOTOS

Use your stroller to create strong, toned legs



Get out into the world and tone up. ISTOCK PHOTOS

Early spring can often be absolutely gorgeous and you can take advantage of those occasional warm spring days to do a little stroller fitness on your own.

Warm up

Start by walking briskly. Find a quiet street or park with paved paths so you can maintain your preferred speed without crashing into pedestrians. Few pedestrians enjoy that. Walk or jog for five to 10 minutes until you have

broken a sweat and feel warm and slightly breathless.

Strength

Walk or jog one to two blocks (or about one minute) between each of the following exercises.

Walking stroller lunge and pulse.

With both hands on the stroller and elbows slightly bent, take a large step with your left foot and drop into a lunge position until your left thigh

is roughly parallel with the ground. From the lowest position you can maintain, pulse up one inch and back down, then step up and move forward with your right foot this time. Continue walking until you have performed 20 lunges, alternating as you would while walking.

Stroller butt kick

With both hands on the stroller and elbows slightly bent, jog and kick your heels up to tap your bum (or get as close

to tapping as you can), squeezing your hamstrings. Try leaning slightly forward and staying on the balls of your feet to kick faster and harder. Continue jogging forward until you have performed 30 kicks on each leg, or 60 total.

Bonus points

Every time you pass a wall or bench, stop to perform five to 10 push ups for some upper body strength training, too.

DARA DUFF-BERGERON OF YUMMYMUMMYCLUB.CA

Spring into the warmer weather with an energizing spinach wrap



This recipe serves eight — 256 calories/10.5 g of fat per serving.

BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

This is a wrap I developed for the Pickle Barrel chain of restaurants in Toronto. When the customers want a healthier wrap, this is what they order. The spinach, chicken and hummus combo is a winner. Homemade hummus has fewer calories and less fat than the store-bought type.

1. Working with one at a time, pound the chicken breasts to an even 1/2-inch thickness between two sheets of waxed paper. Spray a non-stick grill pan with cooking oil and sauté the chicken for 8 minutes, or until no longer pink in the centre. Slice into thin strips.

2. Stir peppers, onion, feta, tomatoes, olives, oil, basil and garlic together in a large bowl.

3. Spread the hummus over the tortillas. Place the vegetable mixture over the hum-

mus. Scatter the spinach leaves overtop and add the chicken. Roll the bottom of each tortilla up and over the filling, fold in both sides, and continue to roll up tightly. Cut each roll in half.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 8 oz skinless boneless chicken breast
- 1 cup thinly sliced green bell pepper
- 1 cup thinly sliced red bell pepper
- 1/3 cup thinly sliced red or sweet onion
- 1/3 cup low-fat feta cheese, crumbled
- 1/2 cup chopped rehydrated sun-dried tomatoes
- 1/3 cup diced black olives
- 1 tbsp olive oil
- 1 1/2 tsp dried basil
- 1 1/2 tsp minced fresh garlic
- 2/3 cup hummus
- 4 large whole wheat tortillas, or flavour of your choice
- 1 cup baby spinach leaves

Healthy eating

Choose it and lose it

Of course fries are deep-fried, which equals calories and fat. Next time, reach for another option instead.



New York Fries Classic Fries (regular)

580 calories / 27 g fat

Even though these fries are cooked in trans-fat free, non-hydrogenated sunflower oil, there are very few nutrients in this meal or snack. This represents one third of your daily calories and fat. Not worth it!

Equivalent

The regular fries are equal in fat to five Wendy's baked potatoes with sour cream.



New York Fries Hot Dog with cheese sauce

435 calories / 21.3 g fat

I don't often recommend hot dogs, but there are not a lot of choices at New York Fries. Even with the cheese sauce, it's a marginally better choice than fries.

A burrito for every taste

A staple in our house, these burritos are usually made on the weekend and then wrapped up individually and stashed into the freezer for busy weeknights. Not only are they fast and easy to make, they are fairly economical, healthy and filling for hungry teens.

1. In a large frying pan, sauté the onion in a little olive oil until softened, about 5 minutes. Add the jalapeno (if using) and sweet pepper, sautéing and stirring until softened as well. Push to the side of the pan, add a little bit more oil and then the ground beef. Continue to cook and stir until it's cooked through and no longer pink. Sprinkle with salt and pepper to taste, then chili powder, cumin and oregano. Cook a little longer so the spices really add flavour to the meat, then stir in the salsa. Set the meat mixture aside to cool.

2. Place the garlic clove, cilantro stalks, kidney beans, chili powder, cumin, salt, olive oil, zest from 1/2 lime, and juice from 1/2 lime in a food processor. Add about 2 tbsp of water and process until smooth. You can always add a little more water if you need to in order to moisten it or make it smooth enough to spread.

3. Lay the tortillas out on the counter in front of you. Div-

ide the bean mixture evenly among the tortillas, placing a dollop in the centre of each. Divide the meat between the tortillas as well, mounding it on top of the bean paste.

4. Sprinkle Cheddar cheese on top of the bean mixture and meat. To roll up, take the tortilla and fold in the sides. Taking the end closest to you, fold it up and over the filling, and tucking in the sides, roll the tortilla away from you. Place seam side down on a square of cling wrap. Roll up in the cling wrap tightly then fold over the ends. Place the rolled tortillas in a large freezer bag in a single layer and seal.

If you plan to eat the burritos immediately, instead of rolling them in cling wrap, place them seam side down in a greased baking dish. Bake for about 15 minutes in a 350 F oven until heated through. If you are heating them frozen, defrost in a microwave and then heat in a 350 F oven for about 15 or 20 minutes until the tortilla is hot and crusty and the filling is hot.

KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA. YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD.



Recipe serves 8. KAREN HUMPHREY

Ingredients

- 1 small onion, finely chopped
- 1/2 jalapeno pepper, seeded and finely chopped
- 1 sweet red pepper, chopped
- 1 lb ground beef
- salt and pepper, to taste
- 2 tsp chili powder
- 2 tsp cumin
- 1 tsp oregano
- 3 tbsp salsa, or a bit more to moisten
- 1 clove garlic, peeled and cut in half
- 1/4 cup coarsely chopped cilantro stalks
- 1 19 oz can kidney beans, drained and rinsed
- 1 tsp chili powder
- 1 tsp cumin
- 1/4 tsp salt
- 1 tbsp olive oil
- 1 lime
- 2 tbsp water
- 8 10-inch flour tortillas
- Cheddar cheese

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metro

To wheel and deal like a winner

Talk the talk. Take in a few bargaining tips from a master-level negotiator

JULIA FURLAN
Metro World News

From behind the lectern at Wharton Business School, to the candy-coloured halls of Google, to an upcoming trip to a military base in Afghanistan, Stuart Diamond wants people to know how to negotiate. His book, *Getting More: How You Can Negotiate to Succeed in Work and Life*, takes a realistic perspective — coaxing a cranky toddler to bed, asking for a raise, getting a job after switching careers — to teach people how they can achieve more.

Diamond says the key to negotiation is just to have a good conversation. Here's what we learned from our good conversation with Diamond:

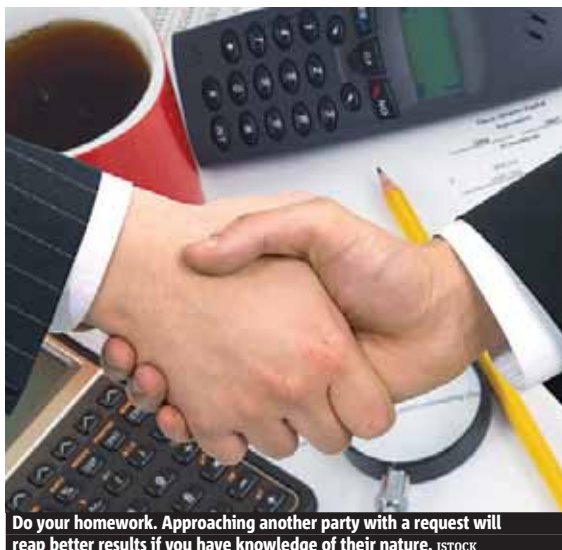
According to Diamond:

It's all about attitude

- If I have a can-do attitude and I'm willing to work any time and anywhere, if I find solutions not problems, that's what will get me the job. If some one has a lot of experience and bad attitude, I wouldn't take them over a person with no experience and a great attitude.

Focus on your skills

Experience is not why people give you a job. It's all about skills. I encourage people to figure out not what experience they have, but what skills. It's the skill the employer wants. I once counselled a medical doctor about moving into a financial consulting career. He had leadership abilities, he was organized and he had a vision. He said: "You can teach me the financial stuff I need to know,"



Do your homework. Approaching another party with a request will reap better results if you have knowledge of their nature. ISTOCK

and he was right. People assume experience means skills, but it doesn't.

Negotiating a job or a raise is about them — not you.

A good negotiation is just a conversation. The less stressful

it is, the better. When somebody is sitting across the table looking at you, they're thinking, "can I stand this person every day?" That's the pictures in their head. People think it's a game, it's not a game or a dance — it's just a talk.

Know the pictures in their head

My first question to an employer is: "why are you looking for somebody?" I want to find out who they are, I want to find out what's in their head. Finding out the pictures in their head is the most important way to get more. I once applied at Morgan Stanley. I said: what criteria do you use to hire people? The interviewer replied "what criteria should I use?" I listed all the things I was good at and she hired me!

The first salary negotiation isn't as vital as you'd think

A lot of people think that it's really important to get the best salary you can going in. I don't think that's true. I think it's important to get a commitment for them to pay you more if you add value going forward. The salary they're paying you for is budgeted for, but if you say if I add a lot of value to you, people are much more willing to pay out of additional future revenues. What will they pay you next

year? People hardly ever do that and it's a lot better of a way to approach the negotiation.

Ask for intangibles

If they can't pay you the salary you want but suggest intangibles that don't cost much, you can sweeten the deal. Moving expenses, tax advice, mortgage co-signing, education and training — there are all kinds of things that HR has at their disposal that don't cost very much and that people hardly ever ask for. Companies are often only too happy to give you these things.

Talk to your elders

There is always somebody old that's been put out to pasture at any company, some old guy or woman who's been there for 40 years who's about to retire and nobody talks to them. They have the whole company at their hands. They will tell you everything you need to know about succeeding in that company.


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So what's it like to work there?

Questions of culture.
Find a workplace that suits your personality and your passions

YLVA
VAN BUUREN
CareerBear.com

Corporate culture can be pretty far down on your priority list when you're in the midst of a job search, but don't underestimate its importance to your long-term satisfaction at a job, says Stefan Danis, CEO of Mandrake and NEXCareer.

Corporate culture refers to values, attitudes and behaviour of employees encouraged and supported by the organization.

The following questions can help determine the culture of an organization — and whether it is a good fit for your personality and work style. How you get the answers may take some detective work. Google the company, talk to employees you know who work there, if you have an on-site interview, arrive a little early and chat with the

receptionist, and ask probing questions, at the appropriate time, during job interviews.

What stage is the firm at?

If it's a start-up, the culture is going to be fast-paced and probably entrepreneurial, which is a perfect fit if you're a high-energy sort, says Danis. If the company is in the midst of a turnaround, you're doing some-

thing on the clock. If the firm is sustaining success, the culture may be far more measured.

What does the workspace look like?

When you walk through the office for an interview, for example, notice how people work. If they all have their own offices, the organization is likely hierarchical. If there is an

open concept with employees working and overlapping physically, the culture is likely more collaborative. How are people dressed? Do they seem friendly and happy... or closed and self-important.

Is a team atmosphere encouraged?

Talk to employees you know at the company or check out bul-

letin boards, etc., to see if there are employee "events" such as "huddles" every morning or rallying lunches. Do company meetings occur off-site at week-end retreats? Is there regular correspondence to employees?

How is performance measured?

Is there a formal annual process for reviewing progress? Is it



Who rises to the top? Is it the person who delivers or the person who behaves a certain way? It's in your best interest to find out. ISTOCK

more of a casual "just in time" feedback, or is performance management seen as a tedious process?

"Some companies base merit increases on 'hard' accomplishments such as sales units while others measure 'softer' behaviours such as leadership skills and even reward them through a 360 feedback loop, where colleagues and stakeholders share their point of view on your style and how you go about your work." Danis says the latter would suggest an environment where a firm is actively encouraging a team agenda as opposed to highlighting individual talent.

The good and the bad

What are people really saying?

If you're comfortable with the interviewer, ask more probing questions about what part of the work culture is not working so well. For example, the company is trying to hire more gen Xers and at the core, it has a traditional, inflexible work culture. Or, is it a high pressure workforce where employees are always exhausted?

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The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

Blogging all the way to the bank

There's no get-rich-quick scheme when it comes to blogging. Creating a website, building an audience and eventually garnering revenue is an exhausting process — which is why most successful blogs are labours of love. A good blog stems from an unwavering desire to do the thing you most enjoy and share it with the world.

Lauren Lilling had a degree in finance, but Wall

Street just wasn't cutting it for her. A year after starting her blog, Keep It Sweet Desserts, Lilling left the world of finance and devoted her time to a new business: a blog and "e-bakery" where users can order treats like her seasonally appropriate "Matzo-crack" salted chocolate matzo.

Like any savvy business owner, Lilling drew on what she knew. "As someone who worked in finance prior to

starting a business, I was able to use skills from my previous career, leverage the social media buildup I had from blogging and build on the relationships in both places," she says.

Babette Pepaj runs TECHmunch, a conference for food bloggers to help them do what Lilling has done. Pepaj travels around the U.S. to help food bloggers make their work more financially rewarding, she

says.

"The unsuccessful bloggers I've seen are the ones who are short-term planners," says Pepaj. Most important, she says, is keeping the blog active to attract interest from advertisers.

"You can't expect a brand to look at your blog that hasn't been updated in four weeks and think your community is engaged," she says.

JULIA WEST, METRO NEW YORK



In the blogging biz, your fingers are your best friends. Get typing! ISTOCK

Iginla's Penguins debut overshadowed by injury

NHL. Penguins star Crosby out indefinitely with broken jaw after taking puck in face

Sidney Crosby has a broken jaw and is out indefinitely after being hit in the mouth with a puck during a win against the New York Islanders on Saturday.

The Pittsburgh Penguins said on the team website Sunday that Crosby had surgery Saturday night, and there will be an update on his status later in the week.

Crosby, the NHL's leading scorer, was struck in the face during the first period of the Penguins' 2-0 win. Slow-motion replays showed teeth flying out of his mouth after the puck struck him during his first shift. The team said Crosby had "major dental work" and will have more done later in the week.

The Penguins have won 15 straight games, and next play Buffalo on Tuesday.

Crosby has 56 points (15 goals, 41 assists) and holds a 10-point lead in the scoring race. He has not missed a game yet this season after being limited to 22 regular-season games over the prior two calendar years because of concussion-like symptoms and neck issues.

The accident overshadowed not only the Pittsburgh's 15th

By the numbers

3

Former Flames captain Jarome Iginla had three shots on goal in 17:30 of ice time in his first game with the Penguins on Saturday in Pittsburgh.

straight win — only one winning streak in NHL history has been longer — but also the Penguins debut of Jarome Iginla.

Acquired via a trade with the Calgary Flames late Thursday night, Iginla said players on the Penguins bench were talking and asking about the condition of their captain during the game.

"Very tough," Iginla said. "Very unfortunate play. Seeing on the replay, he didn't see it coming at all."

After Saturday's game, coach Dan Bylsma did not rule out the possibility Crosby would undergo evaluation for a concussion.

"I think every time that type of thing happens to a player you think of that," Bylsma said. "It doesn't matter who it is.... You think about those things regardless of the player, yes."

There is no indication, however, that Crosby sustained a concussion and the Pittsburgh Tribune-Review, citing unidentified sources, reported Crosby is free of concussion symptoms.

THE ASSOCIATED PRESS

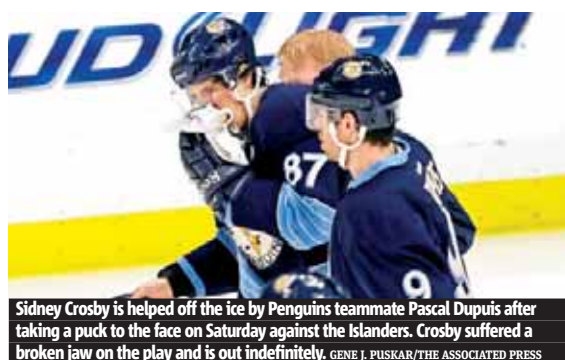
Quoted

"When you see the replay, he had no chance to move. He didn't see it hit him. It's a very, very unfortunate play."

Former Flames captain Jarome Iginla on new teammate Sidney Crosby's injury.



Former Flames captain Jarome Iginla and Penguins captain Sidney Crosby warm up before Saturday's game in Pittsburgh. GENE J. PUSKAR/THE ASSOCIATED PRESS



Sidney Crosby is helped off the ice by Penguins teammate Pascal Dupuis after taking a puck to the face on Saturday against the Islanders. Crosby suffered a broken jaw on the play and is out indefinitely. GENE J. PUSKAR/THE ASSOCIATED PRESS

NCAA

Wolverines off to the Final Four

Canadian guard Nik Stauskas scored 22 points, including six three-pointers, and Michigan is going to the Final Four for the first time since the Fab Five era after a 79-59 rout of Florida in the South Regional final Sunday.



from the left corner, to give Michigan a 41-17 lead.

The Wolverines, with a steady rotation of six freshmen and a sophomore, are headed to Atlanta to play Syracuse (30-9) in a national semifinal game Saturday.

THE ASSOCIATED PRESS

Golf

D.A. Points wins rain-delayed Houston Open

D.A. Points came back from a long rain delay and made four pars, the last one giving him a one-shot victory in the Houston Open and sending him to the Masters.

Points closed with a 6-under 66 on Sunday, saving par on the last two holes at Redstone Golf Club to outlast Masters-bound Henrik Stenson and Billy Horschel. The final round was halted for nearly three hours because of storms that soaked the golf course.

THE ASSOCIATED PRESS



Blackhawks forward Jeremy Morin scores on Red Wings goalie Jimmy Howard in the first period on Sunday in Detroit. DUANE BURLESON/THE ASSOCIATED PRESS

'Hawks rout Red Wings

In less than two minutes, the Chicago Blackhawks did all the damage they needed to do. And then they just kept scoring.

The Blackhawks scored three goals during a span of 1:39 early in the first period and Brandon Saad and Dave Bolland finished with two goals apiece in the Chicago's 7-1 win over the Detroit Red Wings on Sunday.

"Especially these early games, it's nice to get off to a good start," Saad said. "We got a couple of bounces and got a

couple of goals and it was nice to play with the lead."

Jonathan Toews added a goal and two assists and Jeremy Morin and Nick Leddy also scored for Chicago. Cory Crawford made 33 saves.

"Contributions from everybody. It certainly helps when you get a quick start like that right off the bat," Blackhawks coach Joel Quenneville said.

Cory Emmerton scored Detroit's goal. Jimmy Howard was pulled in favour of Jonas Gustavsson early in the

second period.

Chicago led 3-0 at the end of the first period after scoring on its first three shots in a 1:39 span in the game's first four-and-a-half minutes.

"We didn't play hockey to-night whatsoever. It's tough when you spot them a few goals right away from the start," Red Wings defenceman Niklas Kronwall said. "You dig a big hole for yourselves and we couldn't find a way to get back. It was embarrassing at times."

THE ASSOCIATED PRESS



Horoscopes

Aries

March 21 - April 20

Take what you desire rather than wait for someone to offer it to you. Whatever your number one ambition in life happens to be, that is what you should now be aiming for.

Taurus

April 21 - May 21

Usually you get your way through sheer force of personality but cosmic activity in the most sensitive area of your chart makes that more difficult now. If you want something you'll have to offer something in return.

Gemini

May 22 - June 21

Requests for help of a financial nature will come your way but if you are smart you will turn them all down. The best way to help others is to show them how to help themselves.

Cancer

June 22 - July 23

Someone in a position of authority is about to offer you the chance to move several rungs up the ladder of success. Before you proceed ask yourself a serious question: do you really want this level of responsibility?

Leo

July 24 - Aug. 23

Your confidence may be soaring now but don't go to extremes. At best you will make a fool of yourself; at worst others will expect you to be like that all the time. Try not to forget it's only an act. Isn't it?

Virgo

Aug. 24 - Sept. 23

You may feel irrationally jealous today, which is not like you at all. The fact is your nerves are still on edge from the effects of the recent full moon, so stay calm and try to take nothing too seriously.

Libra

Sept. 24 - Oct. 23

The best way to avoid confrontation is to remove yourself from areas where it is most likely to take place. Everything will be fine if everyone respects your space – and, of course, you must respect theirs.

Scorpio

Oct. 24 - Nov. 22

You may have a lot of practical issues on your plate at the moment but don't neglect your feelings – or the feelings of those you love. Make time for others today – and even more time for yourself.

Sagittarius

Nov. 23 - Dec. 21

The Sun in Aries is bringing all sorts of opportunities your way – all you have to do is reach out and grab them. But don't be greedy: there is plenty of good stuff to go around.

Capricorn

Dec. 22 - Jan. 20

You may have to hide your true feelings if you want to avoid a scene. If you fall out with someone today they will be in a huff for weeks, so bite your lip and focus on things you can agree on.

Aquarius

Jan. 21 - Feb. 19

Seek out people who are fun, people who make you laugh when you are feeling down. And don't think of it as wasting time, because it's nothing of the sort.

Pisces

Feb. 20 - March 20

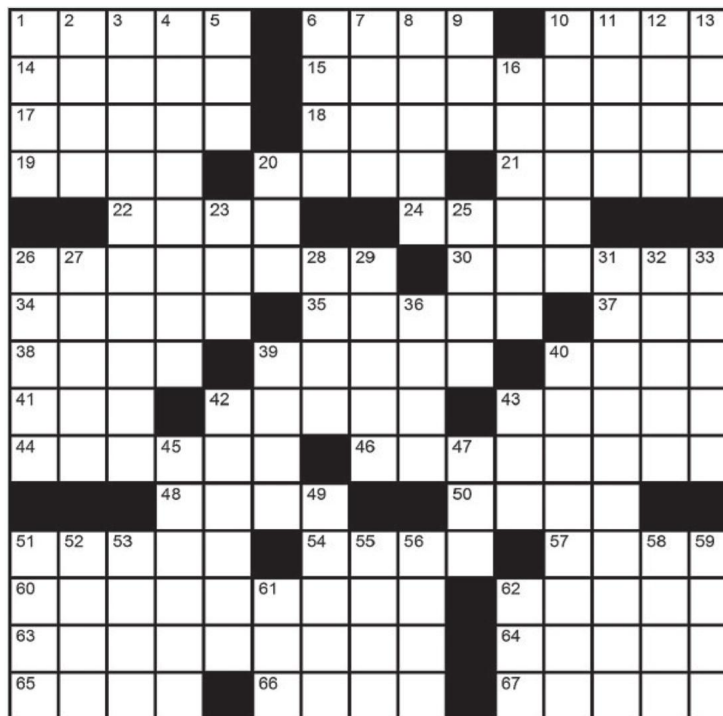
You may be tempted to rush around today and finish all those half-completed jobs you think are so important. Don't bother. If they really were that important you would have done them all by now.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Truth ____
6. Bat's hangout
10. Way out there
14. Immobilizes
15. "Rock 'N' Roll is a Vicious Game" band: 2 wds.
17. John Keats, for one
18. Lager brewed in Saint John
19. "What ____ wrong?"
20. Early Beatles hit: "Love ____"
21. Scenic view
22. Burkina ____ (Nation in West Africa)
24. Churn
26. Unwelcome plot giveaways
30. World Heritage site gr.
34. Broadcaster Mr. King
35. Tidal bore
37. 'Profit' suffix
38. Ancient Greece's war god
39. Affordable noodle dish
40. Disapproving sound
41. Li'l roads
42. Supercharger
43. Zestfulness
44. Mob gig
46. "King of Kensington" star: 2 wds.
48. Building dwellings, for short
50. ____ Perpetua (Idaho's motto)
51. Make a masterpiece
54. Arrow poison



57. Dismounted
60. Photos-driven website
62. Domicile
63. ____ Royal, Nova Scotia
64. 'Nost' add-on (Retro sentiment)
65. '50s singer Mr. Domino
66. Prefix meaning 'Fire'
67. 'Twilight' books

author Stephenie

Down

1. Pack away
2. Earth: German
3. British Columbia's Great Bear ____
4. Not on the main floor, say
5. Winter hrs. in Colorado
6. Showed up

7. Snake, for one
8. Racecar sound
9. ' ____' for Edmonton
10. Janet Jackson's "Let's Wait ____"
11. Sounds of mild disgust!
12. Subj. for ABC character Meredith Grey
13. ____ (Stigma for

- Hester Prynne in 1850 Nathaniel Hawthorne book *The Scarlet Letter*)
16. NBC's "The Voice" coach Adam
20. Three Stooges member
23. Dodgy
25. 'Adj' add-on (End until later)
26. Single-named rock guitarist
27. PQ = ____ Quebecois
28. ____ Admiral
29. Ballroom dance
31. Study of earthquakes
32. Jai Alai basket
33. Mr. Welles
36. Earth sci.
39. Pipsqueak pup
40. The ____ Family, as on "The Cosby Show"
42. Jail cell communication: 2 sounds.
43. Tank filling
45. Big swimming rays
47. Moviedom's Mr. Craven
49. Bad-tempered
51. French singer Edith
52. Actress Ms. Faris
53. "Say it ____ so!"
55. Couple
56. Retort to "Are not!": 2 wds.
58. "Thus with a kiss ____" - Romeo
59. Rip
61. Elephant gr. in US politics
62. Winnie-the-Pooh writer's monogram

Friday's Crossword

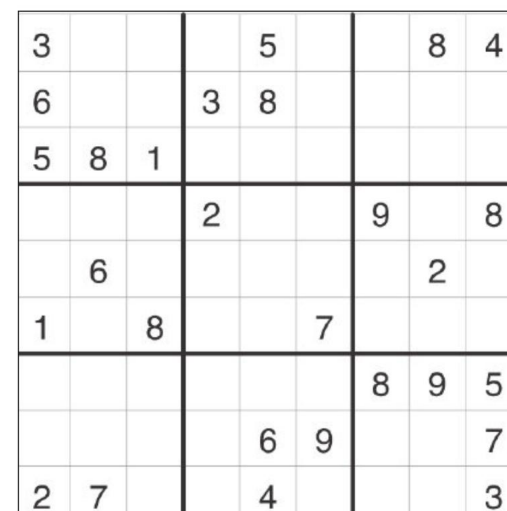


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY

TUESDAY

WEDNESDAY



MAX: 12°
MIN: -2°



MAX: 16°
MIN: 5°



MAX: -1°
MIN: -2°



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METEOROLOGIST

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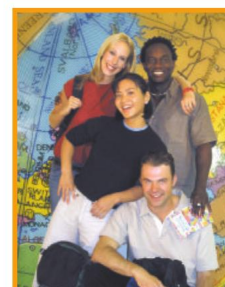
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2012 Ford Focus Titanium B5442
20,836 km • Navigation • Sirius • Htd. Seats

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43,681 km • Automatic • A/C • Cruise

\$15,969 or \$115/bw



2010 Subaru Legacy 3.6 R B5446
86,084 km • Nav • Sunroof • Heated Seats

\$23,969 or \$195/bw



2006 Honda Civic LX B5390A
109,372 km • Auto • Cruise • 16" Alloys

\$10,468



2012 Honda Civic EX-L B5460
39,607 km • Auto • Leather • Nav • Bluetooth

\$20,467 or \$147/bw



2010 Honda Civic DX-A B5457
49,687 km • A/C • Power Windows • AM/FM CD

\$13,469 or \$97/bw



2011 Acura MDX Tech B5432
75,285 km • Nav • DVD Entertainment System

\$39,369 or \$283/bw



2010 Honda Crosstour FWD AA0528A
19,489 km • Sunroof • Leather • 18" Alloys

\$24,469 or \$176/bw



2010 Mercedes GLK B5420
58,718 km • Leather • Bluetooth • 20" Alloys

\$32,469 or \$233/bw



2010 Honda Ridgeline EX-L PD0048A
63,825 km • Leather • Sunroof • Alloys

\$24,969 or \$179/bw



2009 Subaru Forester 2.5X B5434
79,396 km • Auto • Leather • Sunroof

\$22,457 or \$212/bw



2010 Infiniti G37 X AWD B5436
75,729 km • Bluetooth • Leather • Backup Cam

\$30,467 or \$291/bw



2008 Hyundai Santa Fe AWD B5463
Limited • Sunroof • Leather

\$16,469 or \$156/bw



2009 BMW 328i AWD B5462
56,125 km • 6-Speed Auto • Leather

\$26,469 or \$215/bw



2010 Acura TL Tech AWD B5453
77,034 km • Nav • Backup Cam • Leather

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18" Alloys • Panorama Sunroof • Leather

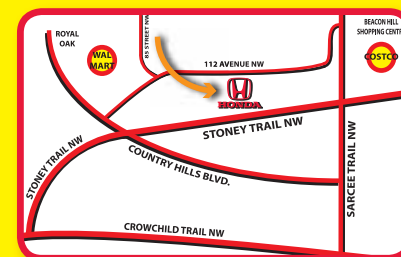
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